

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) and/or those organised in collaboration with industry, community and NGOs during the year (15)

& 3.4.4 Number of students participating in extension activities at 3.4.3. above during

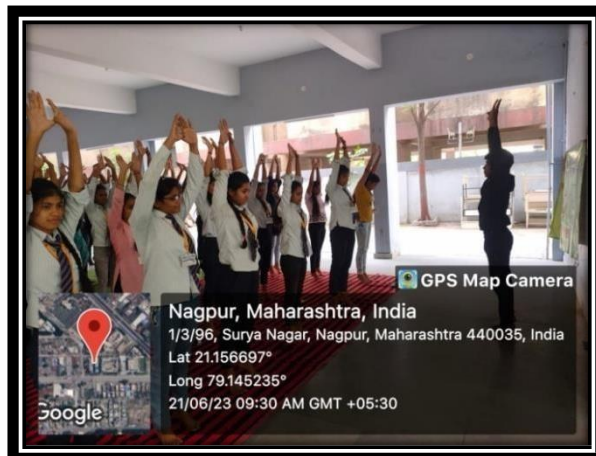
(Regular activities of NSS conducted within Nagpur)

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1. **1.6.2023 International Yoga Day Celebration**

Ninth International Yoga Day was celebrated on June 21, 2023, by our NSS students. The theme was ' **Vasudhaiva Kutumbakam**'. The event began with a brief introduction to Yoga Day by NSS Program Officer Mrs. Nisha Vyas. Mr. Ankit Sahu, of B. Com part III, who is also a Yoga instructor. Students learned techniques of various asanas like Tadasana, Vakrasana, Surya Namaskar, and breathing exercises like Anulom-Vilom, Bhramari, Kapalbhathi, etc.



2. **10.7.2023: Tree Plantation**

Tree Plantation was organized on 10th July 2023 in association with the Natraj Niketan Sanstha at the campus of Shri Bhaiyaji Pandharipandey National Institute of Social Science. Natraj Niketan Sanstha organizes social, educational, cultural, and charitable works.

Ten trees were planted, and 10 were given to the children to plant in their surroundings.



Mohini
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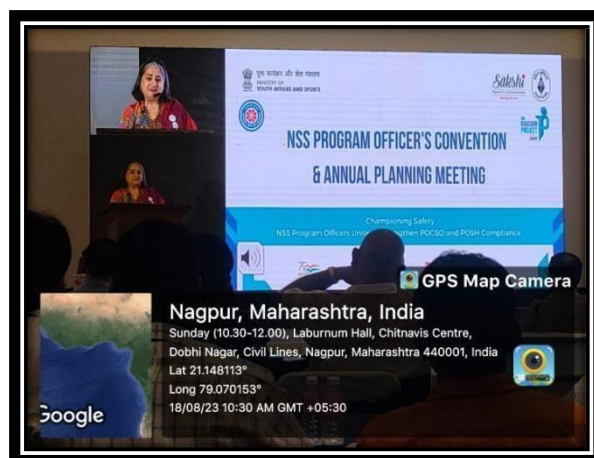
3. **11.8.2023 Meri Maati Mera Desh: Pranch Pran Pledge**

"Panch Prana" pledge ceremony was organized in which teaching, non-teaching staff, NSS volunteers and other students participated. A rally was taken out from our college premises under Meri Mati Mera Dash and Tiranga Yatra campaign. About 88 NSS volunteers including NSS program officer Mr. Hariram Gurupanch participated in this rally.. Through this rally, people were made aware by telling the importance of Meri Mati Mera Desh campaign.



4. **18.8.2023 Participation on One day Workshop on POSCO & POSH**

On August 18, 2023, Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur, in collaboration with the National Service Planning Department and Defence Project under Sakshi Foundation, organized a one-day workshop on **Protection of Children from Sexual Offense Act (POCSO) & Prevention of Sexual Harassment (POSH)**



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Officing Principal
Sudha Saswadkar, Head of
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5. **26.8.2023 Aids Awareness Program to Celebrate International Youth Day**

On August 26, 2023, the Red Ribbon Club of our college organized an AIDS awareness program to commemorate International Youth Day. The club, initiated by the Government of India, aims to spread awareness about HIV/AIDS among students, promote healthy lifestyles, and encourage voluntary blood donation



6. **29.8.2023 Fit India Moment Pledge on National Sports Day**

Like every year, National Sports Day 2021 was celebrated with solemnity by NSS unit on 29th August 2021 .The program commenced with the Fit India Moment pledge.



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7. **2023 Street play on International Literacy Day**

A street play was presented by the NSS volunteers on 8th Sep 2023 to celebrate international literacy day. The event aimed to raise awareness about the importance of literacy and education in the community.



8. **15.9.2023 International Peace Day**

A meditation session was conducted by one of our faculty member Mr. Jay Vasani who is also associated with Isha foundation in spreading awareness on Isha Yoga to promote peace in the society our college celebrated International Peace Day on 15th September 2023.



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9. **25.9. 2023 NSS Foundation Day**

NSS Foundation Day was celebrated on September 25, 2023, with great enthusiasm. The program commenced with a warm welcome extended to the Chief Guest and Guest of honour. It was followed by a melodious NSS song performed by enthusiastic NSS volunteers.



10. **Three days Voter Id registration Camp**

A special camp for registering voter IDs was set up in our college premises on the 26th Sep , 27th Sep and 3rd of October 2023. The main goal of this camp was to help students who were 18 years old to register as voters so that they use their right to vote in elections.



11. **7.9.2023 Swachta Abhiyan**

In accordance with the directives from the Directorate of NSS, Ministry of Youth Affairs & Sports, New Delhi, our college actively organized various activities as part of the Swachhta Hi Seva (SHS) Campaign from September 15th to October 2nd.



12. **9.9.2023 Swachta Pledge**

As an extension of the Swachhta Hi Seva Abhiyan, a Swachta Pledge was administered on September 29, 2023, within the college campus. A total of 98 students actively participated in taking the pledge, a commitment to uphold cleanliness and hygiene standards.



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13. **30.9.2023. Rally on Plastic awareness and Distribution of Cotton Bags**

Awareness about the hazardous effects of plastic on our environment was raised by organizing a rally on September 30, 2023. The rally commenced from the college campus and concluded at Kalmana Market..



14. **1.10.2023 Participation of NSS Vlnunteers in Cleanliness drive organised by R.T.M Nagpur University uder “Swatchta hi Seva abhiyn”.**

On October 1, 2023, five NSS volunteers from our college actively took part in a cleanliness drive at Gandhi Sagar Lake, an event organized by Rashtrasant Tukadoji Maharaj Nagpur University



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15. **11.10.2023 Meri Mati Mera Desh Campaign**

The "Meri Maati Mera Desh" campaign is a special program started by our Prime Minister, Shri Narendra Modi. It began on August 9, 2023, as part of the 'Azadi Ka Amrit Mahotsav' leading up to Independence Day..Our college's NSS unit actively participated in this campaign by organizing various activities. We planted trees as a part of " , T ' ँ" and took a pledge called " ' ि UYT". To continue the spirit, we organized a unique event called "Selfi with Mati" on October 11, 2023.



16. **1.10.2023 Run for Unity “Marathon”**

The NSS unit of our conducted a memorable a "Run for Unity" marathon event on October 31, 2023 to give tribute to one of India's most iconic leaders, Sardar Vallabhbai Patel. This event witnessed the participation of 363 students and 23 teachers who gathered to celebrate the legacy of Sardar Patel.



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17. **25.11.2023 Samvidhan Diwas (Constitution Day)**

November 26th is celebrated as Constitution Day, also known as National Law Day or Samvidhan Divas, all over the country. In our college, we celebrated this special day on November 25, 2023. Dr. Vrushali Parkhi, the Officiating Principal of our college, was the Chief Guest for the event.



18. **1.12.2023 World AIDS Day**

On December 1, 2023, the Red Ribbon Club of our college, in collaboration with the NSS unit, commemorated World AIDS Day. The event concluded with a pledge taken by the participants to raise awareness and contribute to the prevention of HIV/AIDS.



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19. **12.1.2024 Elocution Competition On Youth Day**

An elocution competition was organised on the topic “A quote of Swami Vivekananda I love and why” on the occasion of Youth Day, celebrating the ideals and teachings of Swami Vivekananda. The competition aimed to foster reflection and discourse on his famous quotes and its relevance to the youth of today.



20. **13.1.2024 TD Vaccination Camp**

A tetanus-diphtheria (Td) booster vaccination camp in association with Nagpur Municipal Corporation was organised on 13th Jan 2024 for the students of Junior college who are below the age of 18th. A total of 176 Students were vaccinated with tetanus-diphtheria (Td) booster. N.S.S volunteers actively participated in the arrangement of the camp.



21. **20.2.2024 Chtrapati Shivaji Maharaj Jayanti**

On February 20, 2024, the celebration of Chatrapati Shivaji Maharaj Jayanti took place on the ground floor of the college. The event commenced with the lighting of the lamp and offering garlands to the statue of Chatrapati Shivaji Maharaj. The program concluded with a recitation of Shiv Garjna..



22. **3.3.2024 Particiation in Pulse Polio Vaccination Drive**

The volunteers trained by the PHC on February 29, 2024, actively participated in the Pulse Polio drive. They visited various areas of Nagpur to administer polio drops to children, demonstrating their commitment to the cause. In total, they provided drops to approximately 56 children.



23. **9.3.2024 Women's Day Celebration**

On March 9th, 2024, Women's Day was celebrated by honouring women constables at Lakadganj police station. NSS volunteers distributed chocolates to these police women as a kind gesture. This simple act of appreciation highlights the significance of women in law enforcement and the importance of their role in society.



24. **15.4.2024 Voters Awareness Program**

The NSS unit conducted a special Voter Awareness Program, especially tailored for first-time voters, on April 5, 2024. The first phase of the election is set to commence on April 19. During the program, a video titled "Mera Pehla Vote, Desh ka Naam" was screened. During the Voter Awareness Program, attendees also took a pledge to exercise their right to vote responsibly.



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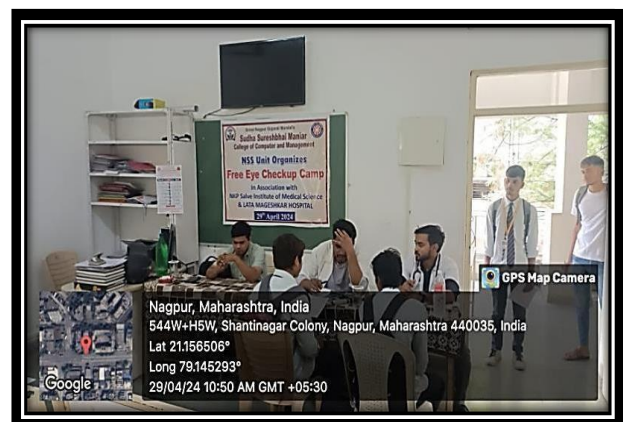
25. **29.4.2024 Blood Donation Camp**

A blood donation camp was organized in collaboration with NKP Salve Institution of Medical Sciences and Lata Mangeshkar Hospital blood center on 29th April 2024 17 units of Blood were collected. A certificate and momentum was also given by the hospital to our college as a token of appreciation. The camp concluded at around 1.30 p.m



26. **29.4.2024 Free Eye Checkup Camp**

Free eye Checkup camp was organized in collaboration with NKP Salve Institution of Medical Sciences on 29th April 2024. The NSS volunteers assisted the medical team in registration, guiding participants through the examination process, and maintaining orderliness. A total of 71 individuals availed the eye checkup services.



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27 29.4.2024 General Medicine Free Health Checkup Camp

A General Free Health Checkup Camp was organized on 29.4.2024 in the college premises in collaboration with NKP Salve Institution of Medical Sciences and Lata Mangeshkar Hospital. A significant number of individuals availed themselves of the health checkup services provided at the camp. Those requiring further evaluation or specialized treatment were referred to nearby healthcare facilities for appropriate management.



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